



WE03 ELASTIC POTENTIAL ENERGY

SPH4U

EQUATIONS

- Hooke's Law

$$F_x = \pm kx$$

- Elastic Potential Energy

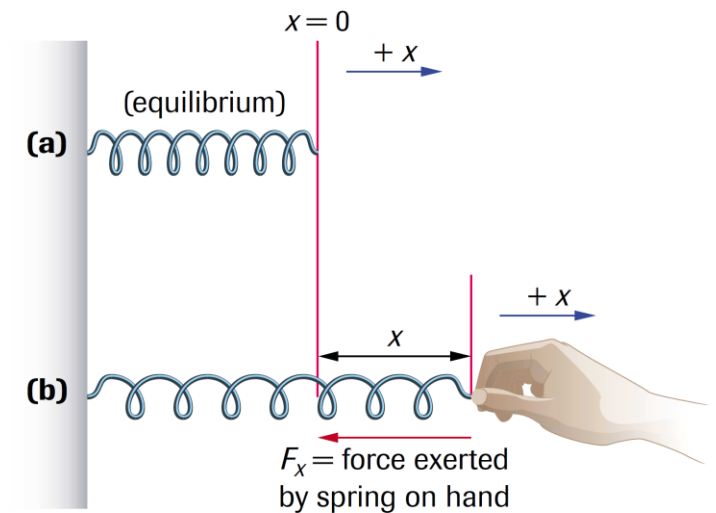
$$E_e = \frac{1}{2} kx^2$$

HOOKE'S LAW

- **Hooke's Law:** the magnitude of the force exerted by a spring is directly proportional to the distance the spring has moved from equilibrium

$$F_x = -kx$$

- **Force Constant (k) [N/m]:** the proportionality constant of a spring
- **Ideal Spring:** a spring that obeys Hooke's law because it experiences no internal or external friction



PROBLEM 1

A student stretches a spring horizontally a distance of 15 mm by applying a force of 0.18 N [E].

- (a) Determine the force constant of the spring.
- (b) What is the force exerted by the spring on the student?

PROBLEM 1 – SOLUTIONS

(a) $F_x = 0.18 \text{ N}$

$$x = 15 \text{ mm} = 0.015 \text{ m}$$

$$k = ?$$

Since the force is applied *to* the spring, we use the equation

$$F_x = kx$$

$$k = \frac{F_x}{x}$$

$$= \frac{0.18 \text{ N}}{0.015 \text{ m}}$$

$$k = 12 \text{ N/m}$$

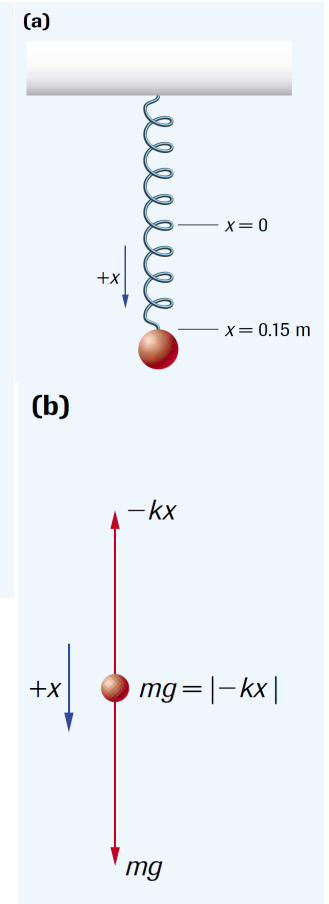
The force constant is 12 N/m. (Notice the SI units of the force constant.)

(b) According to Newton's third law, if the force applied to the spring is 0.18 N [E], then the force exerted by the spring is 0.18 N [W].

PROBLEM 2

A ball of mass 0.075 kg is hung from a vertical spring that is allowed to stretch slowly from its unstretched equilibrium position until it comes to a new equilibrium position 0.15 m below the initial one. **Figure 3(a)** is a system diagram of the situation, and **Figure 3(b)** is an FBD of the ball at its new equilibrium position.

- Determine the force constant of the spring.
- If the ball is returned to the spring's unstretched equilibrium position and then allowed to fall, what is the net force on the ball when it has dropped 0.071 m?
- Determine the acceleration of the ball at the position specified in (b).



PROBLEM 2 – SOLUTIONS

- (a) We measure the extension x of the spring from its original unstretched position ($x = 0$) and choose $+x$ to be downward. Two vertical forces act on the ball: gravity and the upward force of the spring. At the new equilibrium position, the ball is stationary, so the net force acting on it is zero.

$$m = 0.075 \text{ kg}$$

$$x = 0.15 \text{ m}$$

$$k = ?$$

$$\sum F_x = 0$$

$$mg + (-kx) = 0$$

$$k = \frac{mg}{x}$$

$$= \frac{(0.075 \text{ kg})(9.8 \text{ N/kg})}{0.15 \text{ m}}$$

$$k = 4.9 \text{ N/m}$$

The force constant is 4.9 N/m.

PROBLEM 2 – SOLUTIONS CONT.

(b) **Figure 4** is the FBD for the ball when $x = 0.071$ m. Considering the components of the forces in the vertical (x) direction:

$$\begin{aligned}\sum F_x &= mg + (-kx) \\ &= (0.075 \text{ kg})(9.8 \text{ N/kg}) - (4.9 \text{ N/m})(0.071 \text{ m}) \\ \sum F_x &= +0.39 \text{ N}\end{aligned}$$

The net force is 0.39 N [down] when the ball has dropped to 0.071 m.

PROBLEM 2 – SOLUTIONS CONT.

$$(c) \quad \Sigma F_y = 0.39 \text{ N}$$
$$a_y = ?$$

Applying Newton's second law:

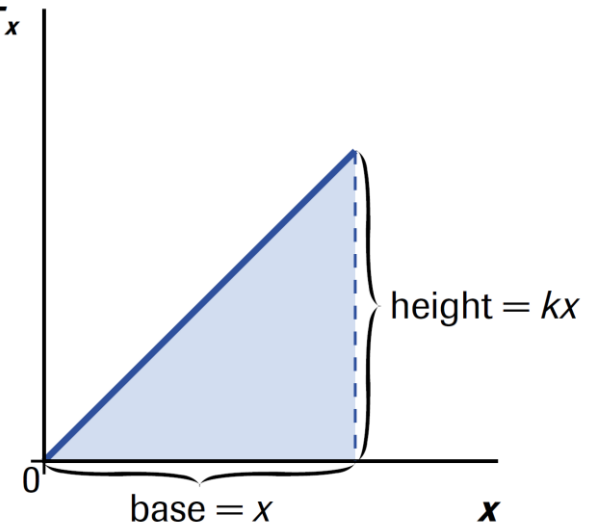
$$\begin{aligned} \Sigma F_y &= ma_y \\ a_y &= \frac{\Sigma F_y}{m} \\ &= \frac{0.39 \text{ N}}{0.075 \text{ kg}} \\ a_y &= 5.2 \text{ m/s}^2 \end{aligned}$$

The acceleration is 5.2 m/s^2 [down] when the ball is at a spring extension of 0.071 m .

ELASTIC POTENTIAL ENERGY

- **Elastic Potential Energy (E_e) [J]**: the energy stored in an object that is stretched, compressed, bent, or twisted
- To derive, we look at the area graph of force F_x vs displacement

$$W = Fx$$
$$W = \frac{1}{2}x(kx)$$
$$W = E_e = \frac{1}{2}kx^2$$



PROBLEM 3

An apple of mass 0.10 kg is attached to a vertical spring with a force constant of 9.6 N/m . The apple is held so that the spring is at its unstretched equilibrium position, then it is allowed to fall. Neglect the mass of the spring and its kinetic energy.

- (a) How much elastic potential energy is stored in the spring when the apple has fallen 11 cm ?
- (b) What is the speed of the apple when it has fallen 11 cm ?

PROBLEM 3 – SOLUTIONS

(a) We measure the extension x of the spring from its original unstretched position ($x = 0$) and choose $+x$ to be downward (**Figure 7**).

$$x = 11 \text{ cm} = 0.11 \text{ m}$$

$$k = 9.6 \text{ N/m}$$

$$E_e = ?$$

$$E_e = \frac{1}{2}kx^2$$

$$= \frac{1}{2}(9.6 \text{ N/m})(0.11 \text{ m})^2$$

$$E_e = 5.8 \times 10^{-2} \text{ J}$$

The elastic potential energy stored in the spring is $5.8 \times 10^{-2} \text{ J}$.

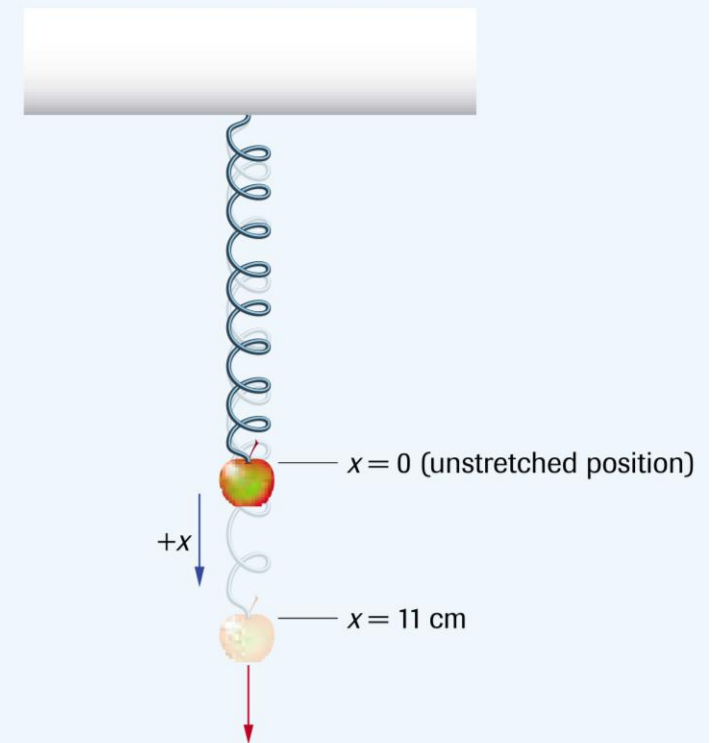


Figure 7

PROBLEM 3 – SOLUTIONS CONT.

(b) We use the prime symbol (') to represent the final condition of the apple. To apply the law of conservation of energy to determine v' , we include the elastic potential energy.

$$m = 0.10 \text{ kg}$$

$$x = 0.11 \text{ m} \quad (\text{for the gravitational potential energy of the apple at the initial position relative to the final position})$$

$$v = 0$$

$$k = 9.6 \text{ N/m}$$

$$g = 9.8 \text{ m/s}^2$$

$$x' = 0.11 \text{ m} \quad (\text{the extension of the spring when the apple is at the final position})$$

$$E_K = E_e = 0$$

$$v' = ?$$

PROBLEM 3 – SOLUTIONS CONT.

$$E_T = E_T'$$

$$E_g + E_K + E_e = (E_g + E_K + E_e)'$$

$$E_g = (E_K + E_e)'$$

$$mgx = \frac{1}{2}mv'^2 + \frac{1}{2}kx'^2$$

$$\frac{1}{2}mv'^2 = mgx - \frac{1}{2}kx'^2$$

$$v' = \pm \sqrt{2gx - \frac{kx'^2}{m}}$$

$$= \pm \sqrt{2(9.8 \text{ m/s}^2)(0.11 \text{ m}) - \frac{(9.6 \text{ N/m})(0.11 \text{ m})^2}{0.10 \text{ kg}}}$$

$$v' = \pm 1.0 \text{ m/s}$$

We choose the positive root because speed is always positive. The speed of the apple is 1.0 m/s.

SUMMARY

- Hooke's law for an ideal spring states that the magnitude of the force exerted by or applied to a spring is directly proportional to the displacement the spring has moved from equilibrium.
- The constant of proportionality k in Hooke's law is the force constant of the spring, measured in newtons per metre.
- Elastic potential energy is the energy stored in objects that are stretched, compressed, twisted, or bent.
- The elastic potential energy stored in a spring is proportional to the force constant of the spring and to the square of the stretch or compression.
- The law of conservation of mechanical energy can be applied to a mass-spring system and includes elastic potential energy, kinetic energy, and, in the case of vertical systems, gravitational potential energy.



PRACTICE

Readings

- Section 4.5, pg 203

Questions

- pg 218 #2,5,7,9,10,13